



TO: Training Teams
 FROM: Coach Ron Gunn
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WONDERFUL MID WINTER HIKE AT LOVE CREEK!

LOVE CREEK: We had 112 fired up Cairn Stone trekkers enjoy a beautiful mid winter trek on a great day for hiking. One of the neat things about winter hikes is that you can see more beauty such as hidden lakes that you can't see when there is lots of growth along the course. That happened this day. Special thanks to Cindy, Thom and the staff at Love Creek. The Jog Pot was super and Love Creek was very appreciative.

INDIANA DUNES: Our next training session will be at **Saturday, February 18** at the **Indiana Dune State Park** near Chesterton, IN. There will be no lecture and the hikes ranging from 3 to 10 miles will start at **9:00AM CST** (10:00AM EST).

I will be in New Zealand setting up our adventures there and I am very grateful that Rob Riley and his staff of Lee Riley, Larry Lies, Jay Crouch and Thom Janssen will assist in the setup and execution of this hike. This year the hikers will enter the State Park to use the parking at the old pavilion on the beach. There will be a per car admission charge of \$7.00 Indiana and \$12.00 out of state. Hikers will meet at north end of parking area (on right as you enter). There will be no Jog Pot. Rehydration plans will be announced at the hike. (Email Thom he'll help you connect with others to car pool. thom@cairnstonetours.com)

DIRECTIONS: [Indiana Dunes State Park](#), 1600 N 25 East, Chesterton, IN 46304

RESTROOMS: Pavilion restrooms are still closed. Recommend going at the **visitors center** before entering the park or other convenient place near the park.

LECTURE NOTES: Please note that [lecture notes](#) can be found on our Cairn Stone Adventure Tours web site in the menu under Team Login. [All training team members (those signed up for Grand Canyon or as a Training Partner) have received the log in and password. If you didn't or have trouble logging in, please contact Thom@CairnStoneTours.com.]

GRAND CANYON XI ROSTER: Rosters for our Grand Canyon trips for this fall will send separately. A tentative itinerary is attached and went out with the last newsletter – also a copy is available on my web site. On February 23rd Southwest Airline will give me a bid on our airline travel for our trips. [A few openings on the Oct 2 trip – not too late to start training.]

UP NORTH: A tentative itinerary for my **Up North 2017** trip is attached. It will feature some **new iconic hikes** that I am excited about. Check it out!

NEW ZEALAND: Follow photos from Ron's setup trip to New Zealand on his [Cairn Stone Tours](#) Facebook page and web site. **Maori**; the indigenous Polynesian people of New Zealand.

