



ADVENTURE TRAVEL CHECKLIST

Alarm Clock (battery or windup)

Backpack Checklist ([full list](#))

Camera (extra memory & batteries or charger – Lithium batteries last longer)

Cell Phone & charger

Cell Phone List (print to carry)

Credit Cards (copy front and back)

Hiking Shoes (wear on plane)

Laundry Detergent (for hand wash)

Luggage, 1 each (bag w wheels)

Two Way Radio (optional)

Lumbar Pack (optional for short hikes)

Medications/Medical ID

***Passport**

Photo ID (put copies in all bags)

Sun Glasses (UV, Polarized)

Sunblock & Insect repellent

Toiletries

****Trip Packet** (Itinerary, etc.)

Water Shoes (optional)

Wrist Watch (waterproof sport)

Compass, (Flat transparent)

***International (Domestic travel as primary or backup ID)**

****Hand out on the bus Day 1**

SUGGESTIONS

1. **Use your day-pack as carry-on luggage** to assure essential gear arrives with you. Pack everything *needed* for your main hike plus toiletries, extra underwear, etc. in case your checked bag is delayed.
2. **Carry-on liquids:** Place liquids (3.4 oz. Max. each) and meds in a **1 quart** zipper top clear plastic bag. All must fit in one 1qt. baggy.
3. **Prohibited Items:** Place your day-pack knife, sunblock lotion, and other items not allowed for carry-on in your checked baggage. (Suggestion: Use one zipper lock baggy for easy transfer back to your day-pack.)
4. **Wear your hiking shoes** or put in your day-pack carry-on.
5. **Pack light:** One checked bag is sufficient for adventure travel. Plan to handle your own bags and the bus only has space for 1 bag per person. Wear clothing twice - plan to do laundry (by hand & in machines).
6. **ID your baggage and day-pack.** Make multiple copies of ID, emergency numbers, and credit card information. Uniquely mark your bag to find easily at the bus and on baggage carousels (bright colored duct tape on the handles or with bright colored yarn).
7. **Check the TSA web site** for the most current information at <http://www.tsa.gov/traveler-information> **Know before you go!**
8. A compact umbrella and light jacket will be very useful in the Pacific Northwest.