



Coach Ron Gunn's
Cairn Stone Adventure Tours
BEST OF HAWAII 2011

REVISED

DAY 6

SATURDAY, December 10, 2011

8:00 AM Meet in the lobby for an optional hike on the rain forest trails on Mt. Tantalus. The remainder of the day can be spent enjoying the beach, touring Pearl harbor, visiting the Honolulu Marathon Expo (our participants can pickup their race number and packet), or shopping. Another good option is renting a car for a drive to the North Shore to view surfer's paradise, eat at a shrimp pond and enjoy some world famous shave ice in Hale'iwa.

DAY 7

SUNDAY, December 11, 2011

3:30 AM Meet in the lobby for shuttle to the marathon start.
5:00 AM Start of the marathon and 10k.
6:00 AM Hike Option: Meet in lobby to leave for a 3 mile hike to Manoa Falls. Another hike option is [Ala Moana Park](#), including [Magic Island](#). This is just a short walk from our hotel and you can go at your convenience.
8:00 AM Meet Ron at Starbucks across the street from [Kapioloni Park](#) for the short walk to the finish area to cheer in our marathoners.
6:00 PM Meet on the hotel Tiki Deck to salute our victorious marathoners.

DAY 8

MONDAY, December 12, 2011

10:00 AM Check out and load bus for transport to airport.
1:10 PM Leave Honolulu International Airport via Hawaiian flight 216.
1:49 PM Arrive at Kahului, Maui Airport.
3:15 PM Arrive at lodging: [The Royal Lahaina Hotel](#), 2780 Kekaa Dr., Lahaina, HI 96761.
4:45 PM Meet in the lobby for the Royal Lahaina Luau.

DAY 9

TUESDAY, December 13, 2011

8:30 AM Optional Hike: Meet in the lobby for a beautiful 5 mile coastal hike along Kaanopali and the coastal parks to the charming village of [Lahaina](#). There will be a plethora of good places to eat, shop and sight see, including a Banyon tree that fills a whole park.

The rest of the day can be spent enjoying the beach, whale watching, snorkeling,booze cruising, swimming with the dolphins, para sailing or biking.

The more adventurous souls may want to rent a car and take the spectacular coastal drive to [Hana](#). There is also a great 4.3 mile hike there that includes the [Seven Sacred Pools](#), a 400' waterfall and a big bamboo forest.



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DAY 10 **WEDNESDAY**, December 14, 2011

8:00 AM Optional Hike: For all those interested in a spectacular hike we will meet in the lobby and rent cars to drive to [Haleakula National Park](#) and do the 11.2 mile hike from the summit to Halemau'u. Buses can not go up into the park but I plan to lead the group. The hike starts at 9,740' and ends at 7,990'. For those not interested – enjoy Maui!

DAY 11 **THURSDAY**, December 15, 2011

11:00 AM Check out of your room and check your luggage in the lobby. We will have a day room at the hotel for showers, etc. until 7:30 PM. Enjoy Maui all day.

7:30 PM Shuttle bus to airport is available for loading.

7:45 PM Leave hotel for the airport.

10:46 PM Depart Hawaii via Delta flight 1212.

DAY 12 **FRIDAY**, December 16, 2011

1:30 PM Arrive Minneapolis-St. Paul Airport.

3:30 PM Depart via Delta flight 2507.

4:53 PM Arrive Chicago O'Hare Airport.

8:45 PM ETA at SMC Niles campus parking lot.

TIME ZONES:	EDT (Eastern Daylight Time) time in Michigan & Indiana	[EXAMPLE] EDT [5:00PM]
	CDT (Central Daylight Time) time in Illinois & Minnesota	EDT – 1HR [4:00PM]
	HST (Hawaiian Standard Time) time in Hawaii	EDT – 6HRS [11:00AM]