

**BEST OF THE WEST GC VII**  
**2010 Pocket Itinerary 9-29-10**

**DAY 1 SATURDAY,** October 2, 2010

**5:30AM** Bus available for loading  
**5:45AM** Leave from **SMC – Niles** to O'Hare Airport  
**9:35 AM** Leave O'Hare via United flight **UA725**  
**11:21 AM** Arrive Phoenix Airport. Meet **Mesquite Bus**.  
**12:30 PM** Lunch at Inn-N-Out Burger in Carefree, AZ.  
**4:00 PM** Arrive in [Sedona](#), Arizona for hike at [Bell's Rock](#), and Courthouse Butte.  
**7:00 PM** Arrive at lodging: [La Quinta Inn](#), 2015 South Buelah Blvd., Flagstaff, AZ **928.556.8666**

**ARIZONA: Move time back 3 hours.**

**DAY 2 SUNDAY,** October 3, 2010

**6:00 AM** Breakfast bar begins  
**9:30 AM** Load bus and leave for South Rim  
**11:00 AM** Arrive at the South Rim of the Grand Canyon. [Washer & Dryers at Mather Campground]  
**2:00 PM** Meet on Canyon side of the Bright Angel Lodge for short acclimation hike to Trailview Point  
**6:30 PM** Team Pasta Banquet at the [Yavapai Lodge](#). Walk or shuttle from your lodge.

**DAY 3 MONDAY,** October 4, 2010

***RIM TO RIVER TO RIM HIKERS***

**5:45 AM** Meet at Backcountry Office for **6:00 AM** hikers express shuttle to South Kaibab trailhead.

***S. RIM ½ MARATHON/PLATEAU POINT HIKERS/CEDAR RIDGE HIKERS***

**7:00 AM** Meet Canyon side of the Bright Angel Lodge  
***SOUTH RIM SHORT HIKERS***  
**9:00 AM** Meet Canyon side of the Bright Angel Lodge  
**4:00 PM – 8:30 PM OPTIONAL:** Greet the triumphant below rim finishers on the Canyon side of the Bright Angel Lodge or at the trail head by the [Kolb Studio](#)  
**Rim to River to Rim hike finishers** may want to gather to recharge and celebrate in the Bright Angel dining room with a meal and a cold drink before going to your room.

**DAY 4 TUESDAY,** October 5, 2010  
***SOUTH TO NORTH RIM HIKERS***

**5:00 AM** Meet behind Bright Angel Lodge.

***THE REST OF THE TEAM***

**10:00 AM** Checkout and load bus by El Tovar Lodge.  
**10:20 AM** Checkout and load bus at Maswick Lodge  
**3:45 PM** ETA for bus arrival at [North Rim](#) lodging.  
**4:30 PM** Meet at the fireplace of the Grand Canyon Lodge for hikes to Bright Angel Point and the Transcept Trail (.5 to 4 miles). Later we will congratulate the South to North Rim hikers! (Allow 1.5hrs for the 4 mile hike)  
**5:00 – 9:00 PM OPTIONAL:** Make your reservations for dinner in the [Grand Canyon Lodge dining room](#) overlooking the Canyon (Call ahead **928.638.2611**)

**DAY 5 WEDNESDAY,** October 6, 2010

**7:00 AM** Elite extra effort hikers leave for the Ken Patrick trail to Point Imperial (3.5 miles). Sightseers welcome; ride the bus and walk around Point Imperial.  
**11:00 AM** Check out and load bus.  
**11:20 AM** Leave for hikes at either [Uncle Jim's Trail](#) (5 miles) or [Widforss Trail](#) (2.0 to 4.0 miles).  
**2:30 PM** Lunch on the North Rim - an opportunity for a glorious lunch at the [Grand Canyon Lodge](#)  
**3:45 PM** Leave for, [Kanab](#), Utah.  
**6:45 PM** ETA at lodging: [Comfort Inn](#), Kanab, UT **435.644.8888** [Pool, Hot Tub, Washer & Dryers, Lobby Computer & In-Room Broadband available]  
**UTAH: Move time ahead 1 hour.**

**DAY 6 THURSDAY,** October 7, 2010

**6:00 AM** Breakfast bar begins.  
**8:00 AM** Check out and load luggage on bus.  
**10:00 AM** Hike [Bryce Canyon](#) including the new Fairyland Trail (1.5 to 6.0 miles). Lunch on your own at [Bryce Canyon Lodge](#) or General Store.  
**3:15 PM** Leave from Bryce Lodge for Springdale, UT and Zion National Park.  
**5:30 PM** ETA at lodging: [Majestic View Lodge](#), 2400 Zion Park Blvd., Springdale, UT 84767 **435.772.0665** [In-Room Wireless Internet and Washer & Dryers on every floor]

**DAY 7 FRIDAY,** October 8, 2010

**7:00 AM** Catch Zion Adventure Co. shuttle in front of our hotel for the optional **West Rim Trail** hike (10 miles)  
**7:40 AM** Catch Zion Adventure Co. shuttle in front of our hotel for the optional **East Rim Trail** hike (10 miles).  
**All Top to Bottom River Narrows Hikers** go to the Zion Adventure Company for orientation and equipment rental sometime during the day.  
**All Up and Back River Hikers** go to the Zion Adventure Company for orientation and equipment rental anytime during the day. Go early to hike same day. Get your equipment then shuttle to the River walk in the Park.  
**The remainder of the group** has the entire day to enjoy activities in Zion National Park and Springdale; Hike, bike, horseback ride, shop, relax by the pool, etc.

**DAY 8 SATURDAY,** October 9, 2010

***TOP TO BOTTOM RIVER NARROWS HIKERS***

**5:55 AM** Catch the Springdale shuttle bus to Zion Adventure Company to catch the shuttle van to the trail head at Chamberlain Ranch (about a 75 minute drive)

***EAST RIM TRAIL HIKERS***

**8:55 AM** Catch Springdale shuttle in front of our hotel for the optional **East Rim Trail hike** (10 miles).  
**NOTE: Up and Back River Narrows hikers** should take shuttles to the River Walk. **The remainder of the group** will have all day to enjoy Zion Park, Springdale and the Majestic View Lodge pool and jacuzzi.

**DAY 9 SUNDAY,** October 10, 2010

**NEVADA: Move time back 1 hour.**

**8:30 AM** Checkout and load bus for trip to Las Vegas.  
**9:00 AM** Rest stop in Mesquite, Nevada  
**11:45 AM** Arrive at McCarran Airport – Las Vegas.  
**2:30 PM** Depart McCarran on United flight **UA417**  
**8:05 PM** Arrive at Chicago O'Hare.  
**11:45 PM** ETA at SMC – Niles Campus.

**TIME ZONES:**

**EDT** in Michigan & Indiana

**CDT** in Illinois EDT – 1HR

**MDT** in Utah EDT – 2HRS

**MST** in Arizona EDT – 3HRS

**PST** in Nevada EDT – 3HRS