

TO: Running & Hiking Friends
FROM: Coach Ron Gunn
DATE: January 3, 2018

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FRIGID TEMPS DON'T THWART ALOHA HIKERS!



ALOHA: We had a determined group of 43 tackle the *Aloha Fantasy Run/Walk* course in the lowest temperatures (7°) in the 38 year history of the event! Everyone was prepared (*there's no such thing as bad weather – just bad dress*) and went 3 or 6 miles without any problem. Special thanks to Gary Kachur, Alli May, Whitney Podell, Nicole Tienda, Larry Stacks, Tom Atkinson, Jeff Gunn, the Chippensteel family, Thom Janssen and True's Towing. Great fellowship was enjoyed by all at the potluck following the hike.

NILES RIVERFRONT: Our first Cairn Stone training session will be this **Saturday, January 6** at **9:00AM** at Front Street Pizza on the Niles Riverfront. An information session on the 2018 Cairn Stone training partners program, the New Zealand trips, cold weather hiking and the HOF training program will be held. At 10:00AM hikes ranging from 3 to 8 miles will start.

IMPORTANT: Please park in the overflow lot for Front Street Pizza. It is just north and east of the restaurant. We don't want to jam their lot for their regular customers. **THANK YOU!**

DIRECTIONS: 510 N. Front St., Niles, MI [MAP](#) [WEBSITE](#)

