

TO: Training Teams (NZ & TP)
 FROM: Coach Ron Gunn
 DATE: May 9, 2018
 574.215.4779

CAIRN TREKKERS CONQUER THE CREEK!

POTATO CREEK: A big turnout of 101 hikers enjoyed a wonderful day to gain valuable training on this beautiful course. Great job! Special thanks to Frank Mosier and Whitney for their help in setting up and executing the hike! Frank followed in old MNRC rule of volunteering to help at one event for every ten that you participate. And a tip of the hat to Bob Schuelke for his environmental stewardship along the trail.

NEXT EVENT: Our next training session will be held this **Saturday, May 12 at the Indiana lakeshore Dunes State Park near Chesterton, Indiana.** The start time has been **moved up to 8:00 AM** central time (9:00AM EDT). Hikes will range from 8.7 to 17 miles. We will meet at the main parking lot of the Indiana dunes State Park near the Pavilion. There will be no lecture and participants may want to consider carpooling as there will be an entry fee of \$12 or \$7 for Indiana residents (Email Thom he'll help you connect with others to car pool. thom@cairnstonetours.com). There will be no jog pot. Last week the jog pot was put out by mistake for the lost and found items that it contained. Funds collected will be used for hike set up expenses. Thank you!

IMPORTANT: Note the time change above different than our Training Schedule.

DIRECTIONS: Indiana Dunes State Park, 1600 N 25 East, Chesterton, IN 46304 Hikers will meet at north end of parking area by the pavilion. Restrooms are expected to be open. [on right as you enter. Note there are two parking areas; the wrong one has no buildings]

REHYDRATION: Our post event hydration will be at **Shoreline Brewery** in Michigan City. It is a neat place and very easy to get to. Once leaving the park take US12 10.1 miles east to 208 Wabash Street in Michigan City. It is on the corner of US 12 and Wabash.

LECTURES: Last week's lecture on packing your day pack was very important and if you missed it New Zealand and Training Partners can find this on our website. [in LECTURE NOTES under TRAINING LOGIN. If you need help with log in contact; Thom@CairnStoneTours.com]

NZ TRIP ROSTERS: Our trip rosters will be emailed to our *Kiwis* and available at this training session.

