

TO: Kiwis RE: TEST HIKE
FROM: Coach Ron Gunn
DATE: November 9, 2018
 574.215.4779

TEST HIKE NOV 17, INDIANA DUNES STATE PARK

This TEST HIKE is being added to our regularly scheduled training hike to accommodate many of our New Zealand Alpine Crossing candidates who wish to do this hike early to beat the odds of bad weather conditions in January. Presently the long range weather forecast calls for a partly cloudy day with high of 36° and no precipitation. The cooperation of all Cairn Stone hikers involved with the high standards of the program is greatly appreciated.

COSTS: There is no additional costs for the TEST HIKE. Everyone is responsible for getting to the site on their own. Many of our Cairn Stone vets have carpooled to distant events like this. There will be no Jog Pot (everyone has been terrific) but there may a park admissions charge for each vehicle.

TIME: 8:45AM CST (9:45AM EST-MICHIGAN). Everyone participating in the TEST HIKE will meet near the Pavilion Beach House for a backpack inspection and announcements. At 9:00AM CST (10:00AM EST-MICHIGAN) all hikes begin.

QUALIFICATION 20.6 miles Alpine Crossing plus Chateau Spur
DISTANCES: 17.0 miles Alpine Crossing

CHECK POINTS: 0.0 miles Red, white & blue tag (backpack check at Pavilion start)
 6.6 miles Yellow tag (Cowles Bog parking lot)
 11.8 miles Green tag (Paradise Valley turn around sign)
 17.0 miles Blue tag (Pavilion)

LOG IN: TEST HIKE participants will log in at each check point and receive the appropriate backpack tag. Each hikers physical condition will also be monitored. This course is very challenging and will serve as a good barometer of each hikers fitness level.

AID STATIONS: 6.6 miles Cowles Bog parking lot
 9.8 miles Nature Center junction
 15.7 miles Nature Center junction

